

Now more than ever, it's important to get immunized for flu.



Pregnant women are at increased risk for premature birth and severe complications from flu.

**PROTECT
YOURSELF
AND YOUR
BABY.**

HEALTH IS FOR EVERYONE // To find a low cost or free immunization, contact your doctor or pharmacy, call 2-1-1, or go to [PreventFluLA.com](https://www.PreventFluLA.com).



COUNTY OF LOS ANGELES
Public Health

现在，接种流感疫苗

比以往任何时候都更

加重要。



孕妇早产和患上流感
严重并发症的风险会增加。

保护好自己
和你的
宝宝。

健康对每个人都很重要 // 若你需要获得便宜或免费的疫苗接种服务，请联系你的医生或药房，拨打2-1-1，或登录 [PreventFluLA.com](https://www.PreventFluLA.com)。